



# HCAP Weekly

A weekly e-newsletter of Honolulu Community Action Program, Inc.  
For the week of December 13, 2010

*"Providing Opportunities and Inspiration since 1965"*

## Head Start joins Waianae Parade

The teachers, students and families of HCAP Head Start Nanakuli I & II participated in the Annual Waianae Christmas Parade. This year's theme,



"Building Within Our Community," was a perfect message to the children, who learned cooperation and teamwork as they proudly carried the school banners they had made. They walked from Waianae Boat Harbor to Waianae Shopping Center singing and waving to friends and families in their community.

## "Christmas in Laie" celebrates cultural heritage

Ivy Pang's Head Start class performed in Laie School's annual Christmas program at Brigham



Young University. The children held banners with "Merry Christmas" in different languages and showed pictures of their favorite Hawaiian fruits, like mango, guava and papaya.



## Former homeless learn financial skills

Hawaiian Community Assets continued its series of financial literacy classes at HCAP's Kumuhonua Transitional Shelter this week. So far, the residents have learned about money management, budgeting, saving, banking, and opening and managing accounts.

## "Making spirits bright": HCAP's holiday giving

During the holidays, HCAP gives food and gifts to needy families through donations from supporters and sponsors. This week, **Windward District Center** delivered food to elderly residents in Waimanalo. **Kalihi-Palama District Center** gathered several hundred pounds of food from the **Hawaii Food Bank** which will be given to local families. **Central District Center** passed out over 900 toys to needy children in the Haleiwa and Central Oahu areas. HCAP would like to thank all the community members, churches, naval commands, and Toys for Tots for their generous donations.



Community worker Sonny Preston brings food to seniors in Waimanalo

## Success Story: Saving energy for homestead families

William's family lives on Hawaiian homestead land in Waimanalo. They participated in HCAP's **Weatherization Program for Native Hawaiians**.



William in front of his home with its new solar panels

*Before WINH, we were already an energy-conscious household. I changed old light bulbs to compact fluorescents and we tried to keep energy use at a mini-*

*mum. Still, we learned a lot from HCAP about how to save even more, like reducing "phantom loads" and using hangers to wind-dry clothes. Big mahalo to the weatherization program and workers, and to HCAP for our new solar water heater. This program has been a huge help to our family and we would recommend it to anyone.*

## Volunteer Spotlight

HCAP would like to thank **Kehau Lopez** from **Helping Hands Hawaii** for her tremendous help this holiday season. Kehau is on the advisory councils for HCAP's Leeward and Kalihi-Palama district centers and has given toys to homeless and needy families, donated bedspreads, and helped numerous clients receive clothing, bus passes, rental & utility assistance.



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