



Ku'i Na Lono

Spread the News July - September 2017

Seattle Seahawks' Defensive End Visits Central STEM Exploration Center



In July, Seattle Seahawks defensive end Michael Bennett visited the Hā Initiative: Creative STEM After-School Program's Central STEM Exploration Center and led a food science workshop with the students. In partnership with his foundation, The Bennett Foundation, Michael and his personal chef, Steven Lee, created and conducted a science lesson on healthy alternatives to soda.

To make more informed choices about food, students were taught how to read and interpret information on nutrition facts labels. They had to identify the nutrients listed on the labels such as protein, carbohydrates, and fat. Students compared nutrition labels on flavored sparkling water and soda to determine the differences in sugar and calorie count. The students calculated that a single can of Coca Cola with 44 grams of sugar has almost 176 calories worth of sugar.

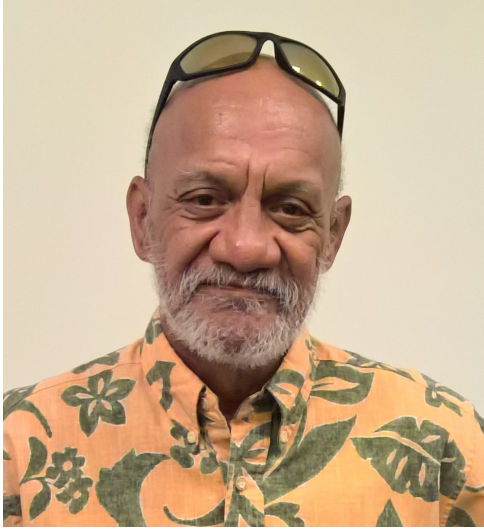
The students learned that a healthier alternative to soda would be LaCroix Sparkling Water, which contains no calories and no sugar. The students had the opportunity to create their own flavored sparkling water by adding mint, cucumber, lemon, lime, pineapple, and oranges to plain sparkling water.

Michael Bennett, his wife, and their three children formed the Bennett Foundation with a goal in mind: eliminating childhood obesity in underserved communities around the country. The Bennett Foundation has been providing nutritional meals to three of HCAP's STEM Exploration Centers. The Bennett Foundation works to promote nutritional goals through O.C.E.A.N., an acronym which stands for fighting Obesity through Community, Education, Activity, and Nutrition.

In this issue:

- **Former SCSEP Participant Rebuilds Life (pg. 2)**
- **HCAP Head Start's Main Office Moves to New Location (pg. 5)**
- **Senator Mazie Hirono's Office Visits HCAP Head Start (pg. 6)**

Former SCSEP Participant Rebuilds Life



Moku was homeless and living on the beach in Waianae when he completed intake for case management at HCAP's Leeward District Service Center. As part of wraparound services, HCAP staff helped Moku apply for housing assistance and referred him to HCAP's Senior Community Service Employment Program (SCSEP).

Shortly after Moku's enrollment into SCSEP, he was accepted into the Section 8 Housing Choice Voucher Program, and rented an apartment with Section 8 assistance. With a stable home situation, Moku focused his energy on employment. Over the past four years, Moku was placed in several SCSEP assignments. He flourished in his last SCSEP assignment as a groundskeeper at the Foster Botanical Garden, where he trimmed hedges, raked leaves, and performed routine maintenance duties.

Moku is exiting SCSEP with a bright future ahead of him. With the help of HCAP program staff and partners, Moku has followed through on recommendations to apply for VA and Social Security benefits, and is now financially stable. Moku has developed a strong work ethic, and will continue to look for work in the areas of security and groundskeeping.

Leeward Kupuna Exchange Support and Self-Care Practices

This fall, the Kupuna Independent Life Series at the Leeward District Service Center is focusing on nutrition, grief support and self-care due, in large part, to the passing of several women who were such a big part of the program. This past summer, the Leeward District Service Center lost Auntie Alice Greenwood, a major homeless and environmental justice advocate on the Waianae Coast, and Auntie Gwen Goya, a long-time supporter of the Kupuna Independent Life Series.

The Leeward District Service Center also lost Marie Whitney, a Senior Community Service Employment Program (SCSEP) worker and volunteer, who had been with the Leeward District Service Center for over twenty years.

Both Auntie Alice and Marie died of cancer, while Auntie Gwen died from multiple health complications. The Leeward District Service Center staff believes that the focus on nutrition is important because nutrition plays a big role in cancer and diabetes prevention. By integrating nutrition and self-care into the curriculum, the kupuna are empowered to feel better and make healthy choices.



Single Mother Receives Much Needed Assistance from LIHEAP and WAP

Marla is a single mother living in Ewa Beach with her three children and one granddaughter. The family fell on hard times when they learned that the granddaughter had a serious ailment, and needed constant medical treatment and medication to survive. The medication she requires needs to be maintained at a specific temperature in the refrigerator in order to remain effective. However, on top of the struggles of affording medical bills and supporting her family with the month to month expenses, Marla's refrigerator broke down. Now they couldn't maintain the temperature needed for her granddaughter's medication, and Marla needed help fast.



Marla heard about the Low-Income Home Energy Assistance Program (LIHEAP) and hoped that she could find assistance for her family to help with some of the high costs she was tackling every month, so she could afford a much needed refrigerator. She went to the Leeward District Service Center and learned about both LIHEAP and the Weatherization Assistance Program (WAP).

Through the joint efforts of LIHEAP and WAP, Marla was able to lower the costs of her monthly electric bills. In addition, WAP was also able to provide a free, new refrigerator for her family, so she no longer has to worry about her granddaughter's medicine. Marla is now doing great, and her granddaughter will soon be applying for the HCAP Head Start Program!

Mahalo to our Funders

HCAP would like to thank the following funders. From July 1, 2017 to September 30, 2017, HCAP received funding from the following:

City and County of Honolulu, Department of Community Services, Grant in Aid -
\$76,332 grant award to the Kupuna Independent Life Series

Hawai'i Lodging & Tourism Association, Visitor Industry Charity Walk-
\$9,990 grant award to HCAP Youth Services

Starbucks Foundation-
\$15,000 grant award to HCAP Youth Services

Verizon Foundation-
\$7,000 grant award to the Hā Initiative: Creative STEM After-School Program

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Kumuhonua Transitional Living Center Recognized by U.S. VETS



HCAP's Kumuhonua Transitional Living Center staff, Davilyn Chang and Rado Melchor, had the honor of attending the U.S. VETS Community Appreciation Luncheon held at The Willows Restaurant on September 15th. Kumuhonua received the Ka'ipu Award for their partnership with U.S. VETS. The Ka'ipu Award is given to the out-

standing community agency or organization who has partnered with U.S. VETS to dedicate their time and service to veterans. Kumuhonua staff has contributed both time and service to U.S. VETS' ADVANCE Hawaii Women's Program (AHWP) as part of a collaborative mission to end homelessness among veterans.

Former SNAP Client and Volunteer Gains Work Experience

In 2015, Kala came to the Central District Service Center to apply for the Supplemental Nutrition Assistance Program (SNAP). To fulfill her SNAP work requirements, Kala opted to volunteer at the Central District Service Center. Initially, Kala performed janitorial and grounds maintenance work, and later transitioned to office work. Kala went on to wear many hats at the Central District Service Center: she served as tax preparer for the Income Tax Services program, assisted the Low-Income Home Energy Assistance Program (LIHEAP) as an intake aide, and provided logistical help with the monthly Ohana Produce program.

While Kala was providing on-site assistance to staff and clients, she was also actively searching for employment. Kala attended many job fairs in hopes of finding an office administrative position. Recently, Kala received an employment offer from the State Department of Transportation. The Central District Service Center staff is proud of Kala and wishes her the best of luck in her new position.

HCAP Head Start's Main Office Moves to New Location

In September, HCAP Head Start's main office successfully relocated to 94-810 Moloalo Street, Suites 200 & 210, Waipahu, Hawaii 96797. The entrance to HCAP Head Start's new office directly faces Farrington Highway. HCAP Head Start's phone number remains the same at (808) 847-2400.

If you have any questions about HCAP Head Start's new location, please call the main office at the aforementioned phone number, and they will be happy to help.



Employee Anniversaries

Mahalo to our staff who reached these milestones of service this quarter!

30 Years

Bobbi Beter-Moses - Head Start Teacher Mentor

25 Years

Gwynne Haiola - Head Start Teacher I

Dorothy Mahoney - Head Start Teacher Mentor

Debra Phillips - Head Start Teacher II

20 Years

Doreen Jona - Head Start Assistant Teacher

Leona Souza - Head Start Teacher I

15 Years

Erin Basuil - Head Start Site Supervisor

Sandra Sagaysay - Head Start Assistant Teacher

10 Years

Geraldine Tira - Head Start Teacher I

Ace Tufu - Community Services Manager

Gayzel Wolf - Head Start Assistant Teacher

5 Years

Cathey Anderson - Head Start Assistant Teacher

Jocelyn Banks - Director of Human Services

Chentira Fink-Ajala - Head Start Assistant Teacher

Denise Domingo - Head Start Assistant Teacher

Senator Mazie Hirono's Office Visits HCAP Head Start



Ben Strand, Legislative Aide to United States Senator Mazie K. Hirono, visited Aiea I, Aiea II, Aiea Pre-Plus and Kapalama Head Start. He was welcomed with open arms as the children created thank you cards and leis for "Uncle Ben."

Long a champion of pre-kindergarten legislation, Senator Hirono continues to advocate for Early Childhood Education in Hawai'i. The classroom visits inspired Ben by demonstrating the positive impact that Head Start has on the students and families we serve.

Leahi District Service Center Participates in Kalihi Community Farm Workday

On September 16th, a practicum intern and Community Workers from HCAP's Leahi District Service Center volunteered as part of a community workday at Ho'oulu 'Āina, a 100 acre non-profit farm in Kalihi Valley. Every third Saturday of the month, Ho'oulu 'Āina staff provides several activities for volunteers and organizations to work and learn about the 'āina.

For the trio, it was not only a great way to give back to the community, but also an opportunity to connect with other social service organizations and individuals. Volunteers and community workers worked alongside one another and assisted with hands-on activities such as harvesting, weeding out invasive plants, and planting new gardens. The Ho'oulu 'Āina facilitators were very knowledgeable about the 'āina and environmental sustainability. Overall, the Leahi District Service Center staff found the community workday immensely rewarding and enriching; it helped them further develop the cultural competencies they need to excel on the job.



Interim Financial Update

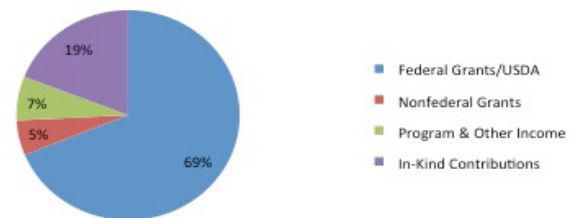
Second Quarter FY 2018

April 1, 2017 - September 30, 2017

CURRENT PROGRAMS BY FUNDING SOURCE	PROGRAM PERIOD	BUDGET
21st Century Community Learning Centers (CCLC)	01/25/16-06/30/17	350,000
Alaska Airlines Foundation - Youth Services	11/18/16-11/17/17	7,500
Community Services Block Grant (CSBG)	10/01/16-09/30/17	1,949,871
Cooke Foundation - Youth Services	05/13/16-05/12/17	13,720
Friends of Hawaii Charities - Kupuna Independent Life Series	05/31/17-12/31/17	3,000
Hawaii Visitor Industry Charity Walk	09/22/17-09/21/18	9,990
Hawaiian Electric Company - STEM	05/31/17-05/30/18	10,000
Head Start	04/01/17-03/31/18	12,722,900
Head Start Full-Day Full-Year	04/01/17-03/31/18	1,338,797
Kumuhonua Shelter - DHS Stipend	02/01/17-07/31/18	675,000
Kumuhonua Shelter - Program Income	02/01/17-07/31/18	216,743
Low-Income Home Energy Assistance Program (LIHEAP)	10/01/16-09/30/17	218,530
Mayor's Office of Economic Development (OED) Grant	07/01/16-06/30/17	10,000
Rapid Re-Housing	05/01/17-06/30/18	390,794
Residential Energy Solutions Initiative (RESI)	04/14/16-04/30/17	211,825
Senior Community Service Employment Program (SCSEP)	07/01/16-06/30/17	822,009
Senior Community Service Employment Program (SCSEP)	07/01/17-06/30/18	760,516
Starbucks Foundation - Youth Services	08/01/16-07/31/17	25,000
Starbucks Foundation - Youth Services	07/01/17-06/30/18	15,000
Temporary Assistance for Needy Families (TANF) - STEM	01/01/17-12/31/17	100,000
Verizon Foundation - STEM	08/01/17-07/31/18	7,000
Weatherization Assistance Program (WAP)	10/01/16-09/30/17	127,055

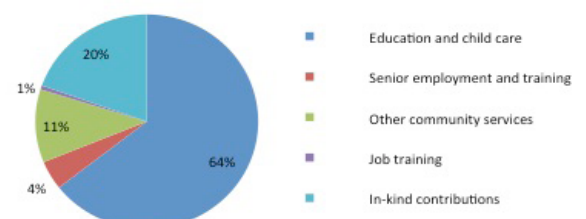
GRANTS & OTHER SUPPORT	YTD
Federal grants/USDA	6,665,545
Nonfederal grants	522,286
Program & other income	653,703
In-kind contributions	1,844,625
Total	9,686,159

GRANTS & OTHER SUPPORT



PROGRAM SERVICES	YTD
Program services:	
Education & childcare	6,088,009
Senior employment & training	412,977
Job training	57,438
Other community services	1,044,959
Supporting services:	
Management & general	842,869
In-kind contributions	1,844,625
Total	10,290,877

PROGRAM SERVICES





Honolulu Community Action Program, Inc.

Corporate Office

1132 Bishop Street, Suite 100, Honolulu, HI 96813

District Service Centers

Central

Tel: 488-6834 Fax: 488-7862
99-102 Kalaloa St. Aiea, HI 96701

Kalihi-Palama

Tel: 847-0804 Fax: 841-7971
1555 Haka Dr. #2408 Honoulu, HI 96817

Leahi

Tel: 732-7755 Fax: 735-6034
1915 Palolo Ave. Honolulu, HI 96816

Leeward

Tel: 696-4261 Fax: 696-0169
85-555 Farrington Hwy. Waianae, HI 96792

Windward

Tel: 239-5754 Fax: 239-3912
47-232 Waihee Rd. Kaneohe, HI 96744

Programs

Hā Initiative: Creative STEM After-School Program

Tel: 521-4531 Fax: 521-4538

Kumuhonua Transitional Living Center

Tel: 682-5494 Fax: 682-5495

Na Lima Hana- Employment Core Services

Tel: 521-4531 Fax: 521-4538

Senior Community Service Employment Program (SCSEP)

Tel: 521-4531 Fax: 521-4538

Weatherization Assistance Program (WAP)

Tel: 521-4531 Fax: 521-4538

Youth Services

Tel: 591-1766 Fax: 591-1768

HCAP Head Start

Head Start

Tel: 847-2400 Fax: 847-2302
94-810 Moloalo St. Suites 200 & 210
Waipahu, HI 96797

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