



Ku'i Na Lono

Spread the News October - December 2016

Hale Kākou Program Helps Family Move into Permanent Housing



Deidra is a single mother of a 16 year old son who moved to Hawaii from South Carolina. Deidra began looking for work before she moved to Hawaii and had an interview scheduled with the Department of Education to work as an Administrative Clerk before she even set foot on the island. Confident in her ability to get the job, Deidra and her son were able to temporarily move in with her daughter and son-in-law on Kaneohe Marine Base. Deidra was quickly offered the job, but could not start working until a background check was complete.

At the end of November, Deidra came into the Windward District Service Center for help. Military regulations stated that she could no longer stay with her daughter and son-in-law on base but her background check was still not complete. She had no income to pay for another place to live, but staying with her daughter would jeopardize their stability. Staff referred her to several shelters, and she and her son moved into the Institute of Human Services. HCAP staff also assisted her with job leads and support services in case the school job did not work out. At the beginning of December, Deidra was finally able to start work. As soon as she had proof of income, staff encouraged her to look for a place to live.

In this issue:

- **Partnership with Work Furlough Programs (pg. 2)**
- **Hā Initiative Students Visit the Honolulu Zoo (pg. 3)**
- **Kupuna Independent Life Series Promotes Exercise & Nutrition (pg. 6)**

Challenging as it was, Deidra hustled after work each day to look at apartments that would be suitable for her and her son. In mid-December, Deidra found an apartment and she was able to apply for HCAP's Hale Kākou program to receive assistance in paying a deposit and first months rent. Today, Deidra and her son live in their new apartment in Kalihi. She now has steady employment and is looking forward to a great year ahead.

HCAP's Hale Kākou - Rent, Deposit, and Utility Assistance Program helped 72 individuals and families to either stay in their homes or move into permanent housing.

“The Street Store” Comes to Waianae

In December, members of The Yoke, a yoga organization, sent volunteers to set up a shop to provide clothes for the homeless via a national program called “The Street Store.” In collaboration with the Leeward District Service Center and HCAP Head Start, homeless residents throughout the Leeward Coast were invited to “shop” for clothes a few days before the Christmas holiday. The shoppers received the clothing and accessories at no cost. Fred Saunders, HCAP Leeward District Council Member, assisted with the collaboration after having worked with the homeless population for years. He shared, “this is a national program that I believed would benefit the Leeward District, since it is a need for the homeless in the Waianae area.”



HCAP Continues Partnership with Work Furlough Programs



HCAP’s Central District Service Center and the Kalihi-Palama District Service Center staff recently met with the counseling staff and management from the Module 20 and Laumaka work furlough programs to discuss ongoing partnerships.

Both District Service Centers have been working with the work furlough programs for over ten years, providing much needed services and support to participants who are transitioning back into the community.

Each participant is enrolled into the Na Lima Hana Employment Core Services program and is offered employment preparation and job development activities. These activities includes pre-employment training, career goal planning, understanding job applications, how to prepare and dress for an interview, what to expect at an interview, mock interview sessions, budgeting, basic computer skills (Microsoft Word, Excel), resume building and job placement to unemployed and underemployed individuals.

Participants are also assisted with transportation, hygiene products, purchasing work-related items, filling their taxes, applying for health care coverage, program incentives and most recently HCAP’s new Hale Kākou-Rent, Deposit, and Utility Assistance Program.

Hā Initiative: Creative STEM After-School Program Students Visit the Honolulu Zoo



In December, the Hā Initiative: Creative STEM After-School Program went on a field trip to the Honolulu Zoo. The excursion was sponsored by the Elks Club 616 and HCAP. There were 50 students and 17 parents in attendance. Students explored the Zoo's 42 acre home to 905 different animals. Komodo Dragons, orangutans, elephants, primates, birds, reptiles, amphibians, and a variety of African animals can be seen daily. The students discovered that animals have different habitats; some live in grasslands areas, some live in water and others live both in water and on land. They

also learned that animals are categorized into three varieties of eaters: herbivores are plant eaters, carnivores are meat eaters, and omnivores are both meat & plant eaters.

In addition, students were able to participate in three grade level encounters. The students in K – 2nd grade visited the Keiki zoo, where they were able to pet a domestic guinea pig and ferret. The 3rd and 4th graders visited the gharials (also known as the gavial, and the fish-eating crocodile) that live in deep, clear, fast-moving pools. Gharials primarily eat fish and aquatic frogs. The 5th – 8th graders visited the Galapagos tortoise; students discovered that the oldest tortoise at the zoo was over 100 years old. They learned that the Galapagos tortoise is an herbivore (plant eater) and lives on volcanic archipelagos. Students were able to rub the head and neck of the tortoise. They learned that the zoo grows most of the food for the tortoises.

Mahalo to Elks Club 616 for sponsoring this very special day!

Employee Anniversaries

Mahalo to our staff who reached these milestones of service this quarter!

25 Years

Suzie Rodrigues - Head Start
Assistant Teacher

10 Years

Tekawitha Iese - Head Start ERSEA/FCP
Program Manager

20 Years

Dawn Stephens - Head Start Teacher I

5 Years

Michelle Baptiste - Head Start Teacher I

Board of Directors

2016-2017 BOARD OFFICERS

Garrick L.H. Goo
Chair
Pauni Nagaseu-Escue
Vice Chair
Representative Isaac W. Choy
Secretary/Treasurer

2016-2017 BOARD MEMBERS

Resident Sector

Tevita Mailei
Head Start Policy Council
Kiani Cockett
Central District Council
Julianna Moefu-Kaleopa
Central District Council
Pauni Nagaseu-Escue
Kalihi-Palama District Council
Rebecca Allen
Leahi District Advisory Council
Patricia York
Leeward District Advisory Council
May Pakele
Windward District Advisory Council

Public Sector

Frank J. Lopez
Governor's Representative
Rep. Isaac W. Choy
Mayor's Representative
Terrence H. Aratani, Esq.
Office of Senator Brian Taniguchi
Alan Shinn
Office of Senator Clarence K. Nishihara
Blake Oshiro
Office of Representative Calvin K.Y. Say
Colleen E. Minami
Office of Representative Marcus R. Oshiro
Kevin A. Souza, Esq.
Hawaii State Judiciary

Private Sector

Garrick L.H. Goo
Attorney at Law
Roxanne U. Bolden
Aloha Independent Living Hawaii
William Shiroma
Bank of Hawaii
Judy Y. Hirashima
Hawaiian Electric Company
Samuel Moku
Hawaii Pacific University
Elmer Kaai
Native Hawaiian Chamber of Commerce
Phyllis Ida
P-3 Windward Grant

Executive Director

Robert N.E. Piper, Esq., MBA

Mahalo to our Donors and Funders

HCAP would like to thank the following donors and funders. From October 1, 2016 to December 31, 2016, HCAP received donations or funding from the following:

[Hawaii Community Foundation FLEX Grant](#)- \$15,000 grant award to HCAP

[Alaska Airlines Foundation](#)- \$7,500 grant award to HCAP Youth Services

Individual Donors

Terrence Aratani
Lillian Deir
Tehani Diaz
Michael Fahey
Laura Guillermo
Michael Hane
Jane Ibara
Colleen Minami
Sam Moku
Lynn Murakami-Akatsuka

Corinne Murashige
Janice Nakama
Gary Okino
Justin Pequeno
Lana Seki
Irene Takeshita
Gwyn Tamashiro
Amanda Tillman
Jan Yukumoto

HCAP Client Makes Great Strides

Sharline is a 32 years old cancer survivor. She was unable to work until she was fully recuperated. This past spring, Sharline and her family came to HCAP, intending to receive Income Tax preparation services, but she ultimately came away with more than just tax assistance: she walked out having learned of the many HCAP programs and services available to her.

As months passed and Sharline recovered, Sharline sought to achieve financial stability and wanted to find stable employment. After enrolling in the Na Lima Hana Employment Core Services program, submitting many applications and experiencing a few rejections, Sharline obtained an entry level canvas position with the Kirby Manufacturing Company. Although the position is not glamorous, Sharline is proud to be gainfully employed. Sharline has done so well that her employer has sent her to Maui to be part of the Success Team at the Maui headquarters.

Head Start Children Participate in #Giving Tuesday

On Tuesday, November 29, 2016, HCAP participated in #GivingTuesday, along with charities and non-profit organizations from around the world. With the power of the social media hashtag #GivingTuesday, the movement invites people to participate in conversations surrounding charity. In the spirit of #GivingTuesday, during the last week of November, HCAP Head Start children from various classrooms learned about the importance of giving back. They read the book “The Giving Tree” and then made books to give to kupuna in their community.

Palolo I and II Head Start children drew pictures they recalled from the story. They then made a book and presented it to Grandma Eulie who is their Foster Grandparent. The children thanked Grandma Eulie for all that she has done.

The children of Salt Lake Pre-Plus Head Start drew pictures of the different ways that the tree nurtured and cared for a little boy. Their finished drawings were put together to make a book about giving thanks and being thankful for what we have. In the spirit of giving, they shared their finished book with the staff and residents of Avalon Care Center Honolulu. In addition to sharing their book about being thankful, the children chose a few select books from their lending library to donate to the care center so that the residents would have books to read with their family during visits.

The children at Jefferson Pre Plus Head Start drew the giving tree and were asked what they would want the giving tree to give them. The drawings were compiled into a book and given to the kupuna at Acardia Retirement Residence.



HCAP Holds Annual Board of Directors Installation Dinner

On Thursday, October 27, 2016, HCAP held its annual Board of Directors Installation Dinner at Kapiolani Community College’s Ka’ikena room. This dinner is an opportunity to recognize outgoing Board Members for their contribution to the agency, and to welcome the 2016-2017 Board of Directors and the officers of the District Advisory Councils and Head Start Policy Council.

The highlight of the evening was having several former and current HCAP clients and staff share their personal stories about how HCAP’s staff and services positively impacted and changed their lives. Cathy, a former Kumuhonua Transitional Living Center resident shared, “The staff made me feel like a person again.” There wasn’t a dry eye in the room after hearing the impactful stories.

We would like to thank all those who attended and look forward to continuing our work to improve our community.



Kupuna Independent Life Series Demonstrates Healthy Eating and Exercise



The Kupuna Independent Life Series takes place twice a year, in the fall and spring for 13 consecutive weeks. Each workshop consists of free breakfast, exercise, health workshop topic, free lunch, support group, and crafts. Health and social education are taught by nursing students, nurse practitioners, community health advocates, and staff members. This past fall, the Kupuna Independent Life Series took place in the following communities: Windward, Kalihi, Leeward, and Leahi.

In October, Project DANA's Mike Hirano gave a presentation on Fall Prevention for Leahi District Service

Center's Kupuna Independent Life Series at Wisteria Vista. Factors for kupuna falls include blocked walkways, poor lighting, and vision problems. Everyday household items such as rugs or wires could also cause kupuna to trip and fall. Walkways in the kitchen or bathroom should be clear to avoid falling. Rooms with poor lighting should be re-evaluated to ensure that kupuna are able to see when they enter. Mike also emphasized that kupuna should get their eyes checked if they have trouble seeing. Having good vision is helpful in preventing falls.

In mid-October, Kalihi-Palama District Service Center's Kupuna Independent Life Series ushered in its third week of the six-week unit on Supplemental Nutrition Assistance Program Education (SNAP-Ed). SNAP-Ed provides practical nutrition education for Hawai'i's low-income households. The program emphasized the importance of healthy diet and exercise. In previous sessions, topics such as "Safe Food Handling" and a "Food Guide" of healthy foods were covered. This week they learned about "Spending Less, Eating Better."

On November 1st, Windward District Service Center held its eighth Kupuna Independent Life Series Program session. A special team from Hawai'i Pacific Health assisted the kupuna by testing their blood pressure, blood sugar, and cholesterol levels. Pali Momi Medical Center's Executive Chef Daniel Kahaloumi and Dietetic Intern Marissa Ono conducted a cooking demonstration of salad. After consuming the salad, Hawai'i Pacific Health's Jason Jones demonstrated band exercises, stretching movements that keep our bodies limber. All seventeen kupuna went home with a gift basket that contained a salad kit, recipes, and health scorecards to take to their doctors if they choose.

On December 1st, Leeward District Service Center's Kupuna Independent Life Series celebrated their 4th annual Kupuna Prom. Faithful to the "Oldies but Goodies" theme, kupuna dressed up in 50's and 60's attire. Kupuna, HPU nursing students, and HCAP staff attended. There was a penny sale, where kupuna could buy household items, shoes, clothing, and gifts for their loved ones. Among the highlights were warm good-byes given to HPU Professor Johnson who has accepted a new position, the heartfelt thank you from kupuna, and an old fashioned game of Hot Potato. It was the perfect ending to the 2016 Kupuna Independent Life Series.

Interim Financial Update

Third Quarter FY 2017

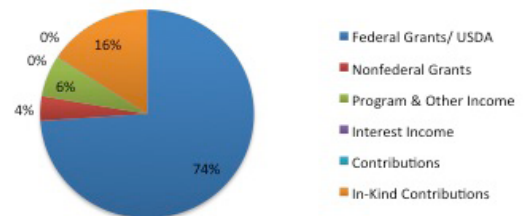
April 1, 2016 - December 31, 2016

*Unaudited, Cash Basis

CURRENT PROGRAMS BY FUNDING SOURCE	PROGRAM PERIOD	BUDGET
21st Century Community Learning Centers (CCLC)	01/25/16-06/30/17	350,000
Alaska Airlines Foundation	11/18/16-11/17/17	7,500
Aloha United Way - Coordinated Statewide Homeless Initiative	8/12/16-02/28/17	106,000
Clarence T.C. Ching	05/16/16-12/31/16	13,720
Community Services Block Grant (CSBG)	10/01/15-09/30/16	2,016,929.57
Community Services Block Grant (CSBG)	08/01/15 - 07/31/16	1,949,870.80
Cooke Foundation	05/13/16-05/12/17	13,720
Friends of Hawaii	05/26/16-01/31/17	4,000.00
Head Start	04/01/16-03/31/17	12,762,900.00
Head Start Full-Day Full-Year	04/01/16-03/31/17	1,507,135.00
Kumuhonua Shelter - DHS Stipend	08/01/15-07/31/16	360,000.00
Kumuhonua Shelter - Program Income	08/01/15-07/31/16	301,185.00
Kumuhonua Shelter - DHS Stipend	08/01/16-01/31/17	180,000.00
Kumuhonua Shelter - Program Income	08/01/16-01/31/17	153,000.00
LIHEAP - 5/4	05/01/15-09/30/16	280,000.00
LIHEAP - 5/4	10/01/16-09/30/17	218,530.00
Mayor's Office	07/01/16-06/30/16	10,000.00
OACSEP - 7/6	07/01/16-06/30/16	853,410.00
OACSEP - 7/6	07/01/16-06/30/17	822,009.00
Residential Energy Solutions Initiative	04/14/16-04/30/17	211,824.70
Weatherization Assistance Program 10/11	12/07/15-09/30/16	94,957.71
Weatherization Assistance Program 10/11	10/01/16-09/30/17	127,055.37
Youth Services 7/6	07/01/14-06/30/16	372,500.00
Youth Services 7/6	07/01/16-06/30/17	132,148.00
TANF-STEM HA	01/01/16-12/31/16	100,000.00
TANF-STEM HA	01/01/17-12/31/17	100,000.00
Starbucks	08/01/16-07/31/17	25,000.00

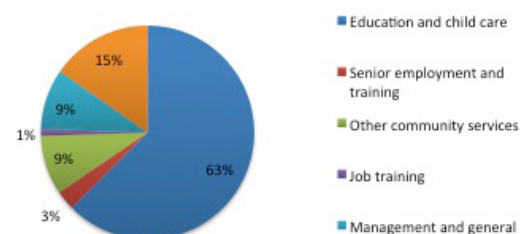
GRANTS & OTHER SUPPORT	YTD
Federal grants/USDA	11,707,490.55
Nonfederal grants	600,513.28
Program & other income	1,018,592.46
Interest Income	853.72
Contributions	5449.83
In-kind contributions	2,500,808.86
Total	15,833,708.70

GRANTS & OTHER SUPPORT



PROGRAM SERVICES	YTD
Program services:	
Education & childcare	10,203,518.80
Senior employment & training	483,735.83
Job training	169,161.58
Other community services	1,459,973.98
Supporting services:	
Management & general	1,488,158.99
In-kind contributions	2,500,808.86
Total	16,305,358.05

PROGRAM SERVICES





Honolulu Community Action Program, Inc.

Main Office

33 South King Street, Suite 300, Honolulu, HI 96813

Tel: (808)521-4531 Fax: (808)521-4538 E-mail: hcpap@hcpapweb.org

District Service Centers

Central

Tel: 488-6834 Fax: 488-7862
99-102 Kalaloa St. Aiea, HI 96701

Kalihi-Palama

Tel: 847-0804 Fax: 841-7971
1555 Haka Dr. #2408 Honoulu, HI 96817

Leahi

Tel: 732-7755 Fax: 735-6034
1915 Palolo Ave. Honolulu, HI 96816

Leeward

Tel: 696-4261 Fax: 696-0169
85-555 Farrington Hwy. Waianae, HI 96792

Windward

Tel: 239-5754 Fax: 239-3912
47-232 Waihee Rd. Kaneohe, HI 96744

Programs

Hā Initiative: Creative STEM After-School Program

Tel: 521-4531 Fax: 521-4538

Kumuhonua Transitional Living Center

Tel: 682-5494 Fax: 682-5495

Na Lima Hana- Employment Core Services

Tel: 521-4531 Fax: 521-4538

Senior Community Service Employment Program (SCSEP)

Tel: 521-4531 Fax: 521-4538

Weatherization Assistance Program (WAP)

Tel: 521-4531 Fax: 521-4538

Youth Services

Tel: 591-1766 Fax: 591-1768

HCAP Head Start

Head Start Dillingham

Tel: 847-2400 Fax: 847-2302

Head Start Kunia (HARC)

Tel: 200-7690 Fax: 200-4780

Head Start Kunia

Tel: 621-5099 Fax: 621-3843

Support HCAP by giving a secure donation on-line. Click "donate" below or on our website at

www.hcapweb.org

Donate

