HCAP Expands Ohana Produce Food Distribution

HCAP has been partnering with the Hawaii Foodbank to distribute fresh produce, along with other perishable and non-perishable food items to individuals and families in need. Each month, the number of individuals and families who receive food from Ohana Produce distributions continues to grow. Currently, HCAP offers the Ohana Produce program through four District Service Centers: Windward, Kalihi-Palama, Central, and Leeward. This summer, in response to community requests, the Kalihi-Palama District Service Center started an Ohana Produce Program at the Kalihi Valley Homes (KVH) housing project. On average, the Ohana Produce program serves 900 families per month. Ohana Produce plays a big part in the lives of families around the island; many families rely on the food that is provided to supplement their diet. There is a high volume of seniors who live off a fixed income and struggle to make ends meet. The food that seniors receive from Ohana Produce greatly improves their quality of life. Clients often express their gratitude to HCAP and the Hawaii Foodbank for providing this service in their communities.

Thanks to the Ohana Produce program, these women are taking home fresh produce and non-perishable food to their families.

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- Program Success Stories (pg. 6)
Hā Initiative: A Creative STEM After-School Program

The Hā Initiative had a very eventful quarter as summer was winding down and participants returned to school. As these summer months are crucial in helping students retain what they learned during the previous school year, our best efforts went to maintaining academic success while introducing them to new topics in the STEM fields.

Participants from across the island joined the Hā Initiative on a field trip to Hawaii’s Plantation Village to learn about some of our state’s history. Walking through the preserved houses afforded our participants the chance to see some of the conditions that shaped our ancestors’ lives. This visit was a first for a majority of our participants and parent chaperones, who appreciated the opportunity to experience this important historical landmark.

As firm believers of interactive learning, the Hā Initiative seeks out opportunities for our participants to meet professionals in the STEM fields. We were fortunate enough to have a private presentation by a rocket scientist. Jesús Zuñiga, a California-based Aerospace Engineer came in to speak with the kids and provided a brief historical overview of his field. Highlighting the humble beginnings of air-and spacecraft, he encouraged the participants to be creative and literally shoot for the stars.

In addition to these supplementary educational activities, our staff has begun introducing the participants to basic programming in preparation for the district competitions for the FIRST Lego League. This year’s theme is Nature’s Fury. To get our participants into the mindset of the competition, we have been doing exercises that teach them how to prepare for various natural disasters, how to stay safe, and how to rebuild. We wish our Palamabots, Halawabots, and Ka’alabots the best of luck in their upcoming competitions!

Having opened our third center in Aiea, we are extending our services to communities on the island that need them the most. The opportunity for our participants to take part in these activities is not offered in a vast majority of our schools, nor is it a requirement for our participants, so we are truly proud of our keiki for their effort and desire to seek these chances to learn.
Each month, HCAP’s loyal volunteers donate their time and energy to assisting with the Ohana Produce Program. Volunteers helped to unload pallets and distribute food to over 6,800 individuals and families in the 2012-2013 program year.

We asked our volunteers, “Why do you volunteer?” Here are their answers:

"I want to give back."

"I know what it feels like to need help."

"To help the community and it makes you feel good."

"It helps build the Navy's reputation and creates a good partnership."

Mahalo to all our volunteers!

Employee Anniversaries!

Mahalo to our staff who reached these milestones of service this Fall

**40 YEARS**  
Lynnette Kea—Head Start Teacher

**35 YEARS**  
Jane Utu—Family Advocate

**20 YEARS**  
Kris Kuboyama—Head Start Teacher  
Donna Manibog—Family Services Coordinator  
Valeri Vierra—Head Start Assistant Teacher  
Allison Yokoyama—Head Start Teacher  
Sharyn Yoshinaga—Head Start Teacher

**15 YEARS**  
Kerry Hashitate—Head Start Teacher  
Deanna Yamashiro—Head Start Assistant Teacher

**10 YEARS**  
Krystal Ikeda—Program Coordinator—Youth Services  
Edward Char—Warehouse Maintenance Worker

**5 YEARS**  
Colin Chang—Head Start Assistant Teacher  
Lisa Crespo—Head Start Assistant Teacher  
Steven Kahana‘oi—Case Manager  
Tania McMoore—Human Resources Generalist  
Colette Pabro—Head Start Assistant Teacher  
Mayasa Richards—Head Start Teacher  
Kimberlin Sellers—Head Start Assistant Teacher  
Debra Warman—Community Services Manager
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Board of Directors Tour and Governance Training

The HCAP Board of Directors is the governing body of the organization, responsible for oversight of all affairs of HCAP. The composition of HCAP’s Board of Directors consists of a tripartite membership – one-third of the members represent the public sector, one-third of the members represent the private sector, and one-third of the members represent the resident sector. This unique Board structure allows all voices in the community to be represented, in order to help HCAP deliver the best programs and services possible to the communities we serve.

In August and September 2013, HCAP held formal Board Trainings at HCAP’s main office in downtown Honolulu. The Board Trainings were conducted by Mr. Robert N.E. Piper, Esq., HCAP Executive Director. Mr. Piper provided an overview of non-profit Board Governance, and Lynn Cabato, HCAP Head Start Director, provided an overview of the Head Start Policy Council and Shared Governance, as well as a presentation on the Head Start monitoring process. Also in August 2013, HCAP conducted a Board orientation tour of HCAP program sites, including the Kumuhonua Transitional Living Center, Head Start classrooms, Hā Initiative Exploration Center at the Central District Service Center in Aiea, and the Youth Services program in Kakaako.

HCAP would like to say mahalo to all past and present Board members for their time, support, and contributions.
Head Start– Closet Exchange

In the summer of 2013, Head Start Family Advocate, Erin Low began collecting donations for a pilot project called “Erin’s Closet Exchange,” located at Head Start Classroom 442. Erin began collecting donations of gently used clothing, toys, and books from her networks, family, and friends (one man’s trash is another man’s treasure!). The idea behind the Closet exchange is to bring Head Start families together to meet, make connections, donate unwanted clothes and books, and pick up new items. In addition to revitalizing their wardrobe without incurring much cost, these events are a great way to connect with old friends, and even make a few new ones. Building a community is one of the best parts of clothes swapping, leaving families feeling empowered and supported. Lastly, byproduct of swapped clothes is less waste! Swapping clothes is not only a good financial choice, it’s a sustainable one. By choosing to swap instead of buy, you get all the benefits of new items with fewer environmental drawbacks.

In September, families joined Erin in organizing the closet and were able to take home a box of items. A few weeks later, “Erin’s Closet” officially opened. Erin’s Closet is open on the last Friday of each month. So far, the families love the idea of exchanging clothes. There is a lot of parent participation and Erin is thrilled to see them so happy with their new clothes, and accessories.

CALL TO ACTION

HCAP programs are always in need of gently used clothing for kids, teens, adults, and interview appropriate attire. Programs like Head Start and the Hā Initiative love receiving book donations. If you would like to make a donation, contact 521-4531. Mahalo!
Kumuhonua Transitional Living Center

Keith became a resident at Kumuhonua in August, 2011. Prior to becoming a resident at Kumuhonua, Keith was homeless for 10 years, living in his car and utilizing IHS emergency shelter services. He had fallen into hard times—got hurt on the job, lost his job, and couldn’t work due to his medical issues. He moved his mother into a care home and then moved into his car. With no income, he relied on homeless resources to survive. Some of Keith’s challenges to securing housing placement were due to his financial issues. During his stay at Kumuhonua, Keith worked hard to rebuild his credit. He completed a financial literacy class through Hawaii Community Assets and successfully paid down his outstanding debts, which helped in his endeavor to secure permanent housing. He also participated in a Job Awareness Workshop through HCAP and weekly Community Neighborhood Walks. After two years of hard work and determination, Keith secured permanent housing at D.E. Thompson Village. We wish him all the best and congratulate him on securing his new home.

Weatherization Assistance Program (WAP)

We all know that Hawaii is an amazing place to live if you enjoy experiencing different cultures, outdoor activities, warm climate, and beautiful scenery. However, our island paradise can come at a price. Rising energy costs compound the already high cost of living, especially for low-income families. To alleviate the energy burden on these challenged households, HCAP partners with the State of Hawaii Office of Community Services and the U.S. Department of Energy to provide energy solutions through the Weatherization Assistance Program (WAP).

For eligible families, a home energy audit is used to determine the most cost-effective, energy-efficient measures appropriate for the residence. Some of the measures available include high-efficiency faucet aerators & showerheads, compact fluorescent light bulbs, Energy Star refrigerators, and energy-efficient water heaters (hybrid electric or solar).

For these appliances to have a measureable impact on the household energy expenditures, HCAP auditors provide energy education during the home audit. This technique allows the auditor to directly observe and advise the household members on each energy concern and offer solutions specific to their home. All energy solutions recommended by the auditor are at no-cost to the homeowner.

Josie V., a recent recipient of HCAP WAP services, commented that due to certain economic challenges, “this program came at the right time,” for her family. She credits the HCAP energy audit for raising energy awareness and notes that the change in the family behavior and habits towards energy-saving consciousness as a big turning point. “The energy education was an important factor and made a big difference,” in reducing the monthly electric utility bill, Josie said.
Interim Financial Update
Second Quarter FY 2014
July 1, 2013 — September 30, 2013

PROGRAMS

CURRENT PROGRAMS BY FUNDING SOURCE  
PROGRAM PERIOD  
BUDGET

| Community Services Block Grant (CSBG) | 10/01/12 - 09/30/13 | 2,380,930 |
| Head Start | 04/01/13 - 03/31/14 | 11,722,739 |
| Head Start Full-Day Full-Year | 04/01/13 - 03/31/14 | 1,269,000 |
| Ho’o Kahua Project | 08/05/13—05/23/14 | 94,779 |
| Early Reading First (Research Corp. University of Hawaii) | 07/01/10 - 09/30/13 | 466,040 |
| Youth Services | 07/01/13 - 06/30/14 | 435,559 |
| Youth Services (Oahu WorkLinks) | 09/01/12 - 12/31/13 | 67,250 |
| Youth Services (Creating Employment Opportunities) | 03/01/13 - 11/30/14 | 189,000 |
| Hi’I Ola Program | 08/01/13 - 07/30/14 | 385,000 |

CURRENT PROGRAMS BY FUNDING SOURCE  
PROGRAM PERIOD  
BUDGET

| Kupuna Program | 6/19/13 - 12/31/13 | 3,000 |
| STEM After-School Program (Friends of Hawaii Robotics) | 01/30/13 - 12/31/13 | 900 |
| STEM After-School Program (Atherton Family Foundation) | 11/27/12 - 11/26/13 | 10,000 |
| Senior Community Service Employment Program (SCSEP) | 07/01/13 - 06/30/14 | 835,077 |
| Weatherization Assistance Program (WAP) | 10/01/12 - 09/30/13 | 106,226 |
| Low-Income Home Energy Assistance Program (LIHEAP) | 05/01/13 - 04/30/14 | 118,008 |
| Kumuhonua Transitional Living Center (DHS Stipend) | 08/01/13 - 07/31/14 | 360,000 |
| Kumuhonua Transitional Living Center (Program Income) | 08/01/13 - 07/31/14 | 264,280 |
Students from Ka`ala Elementary Head Start Classroom practicing pedestrian safety with their handmade STOP signs

**MAIN OFFICE:**
33 S. King Street, Suite 300, Honolulu, HI 96813
Tel: (808) 521-4531  Fax: (808) 521-4538
Email: hcap@hcapweb.org

**DISTRICT SERVICE CENTERS:**

**LEEWARD**
Tel: 696-4261  Fax: 696-0169
85-555 Farrington Hwy.  Waianae, HI 96792

**CENTRAL**
Tel: 488-6834  Fax: 488-7862
99-102 Kalaloa St.  Aiea, HI 96701

**KALIHI-PALAMA**
Tel: 847-0804  Fax: 841-7971
1555 Haka Dr. #2408  Honolulu, HI 96817

**LEAHI**
Tel: 732-7755  Fax: 735-6034
1915 Palolo Ave.  Honolulu, HI 96816

**WINDWARD**
Tel: 239-5754  Fax: 239-3912
47-232 Waihee Rd.  Kaneohe, HI 96744

**PROGRAMS:**

**YOUTH SERVICES**
Tel: 591-1766  Fax: 591-1768

**SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)**
Tel: 521-4531  Fax: 521-4538

**WEATHERIZATION ASSISTANCE PROGRAM**
Tel: 521-4531  Fax: 521-4538

**KUMUHONUA TRANSITIONAL LIVING CENTER**
Tel: 682-5494  Fax: 682-5495

**HĀ INITIATIVE: A CREATIVE STEM AFTER-SCHOOL PROGRAM**
Tel: 842-7686  Fax: 842-7689

**HCAP HEAD START:**
For affordable preschool care and support & skills for parents, call us at:

**HEAD START DILLINGHAM**
Tel: 847-2400  Fax: 847-2302

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