GO! READ Ohana 100 celebrated National Literacy Month with an award presentation on September 7, 2015 at Capitol Place, recognizing recipient schools and organizations.

As a recipient, HCAP Head Start was recognized for promoting literacy to young children and families. Ohana 100, spearheaded by David and Elizabeth Mattson, distributed free books to children (to keep and take home) throughout the month.

With the assistance of Senator Daniel Akaka (David’s Grandpa), they distributed books to our Head Start children at Aiea, Dole, He‘eia, Ka‘imiloa, Palolo, Pauoa, Pohakea, Puuhale, Nanakuli, Wahiawa, and Waimanalo classrooms.

Mahalo to GO! READ Ohana 100 for taking the time to read with our children and for donating books they can call their own!
Reflections from HCAP’s AmeriCorps VISTA Members

HCAP’s AmeriCorps VISTA members, Brittany Wilson and Marissa Villegas completed their year of service in July 2015. They each reflected on their experiences at HCAP and as AmeriCorps VISTA members.

Brittany Wilson
I graduated with my master’s degree in 2014 and I knew that I wanted to keep living and working with Hawai‘i’s local community. I also wanted a career working with nonprofits, so I applied to be an AmeriCorps VISTA. I was soon hired by HCAP to work with the Ha Initiative: Creative STEM After-School Program.

As the volunteer coordinator, my job was to recruit, screen, and train volunteers to help the teachers in the STEM Exploration Centers. Shortly after I started my AmeriCorps work, I also began volunteering in the STEM classrooms on my own time. Volunteering helped me better understand what was being asked of the volunteers and how to improve volunteer recruitment and training. Over the course of my AmeriCorps service year, I volunteered more than 100 hours at the STEM Exploration Centers.

During my year at HCAP I met a lot of people, most of them volunteers who wanted to work with us for a variety of reasons: some of them wanted something on their college applications, some of them needed more experience working with children, but many of them simply wanted to give back to their communities.

I left Hawaii shortly after my year of service ended, after living in the islands for nearly three years. Thanks to what I learned at HCAP, I soon found a job working for Girl Scouts Heart of Central California in Sacramento, California. I’m deeply appreciative of my year in AmeriCorps VISTA, and I have no doubt that the things I learned will continue to benefit me throughout the rest of my career.

Marissa Villegas
My year of service began shortly after I graduated from the University of Vermont. After researching and applying for AmeriCorps, I accepted a position with HCAP working in the Planning, Program Development, and Communications Department.

As an AmeriCorps VISTA, my overall goal was to improve and develop systems that would enable growth, sustainability, and inspiration. Some of my completed projects include various promotional materials, the 2013-2014 Annual Report, and a handful of issues of the HCAP Weekly. I also worked to improve HCAP’s donation management system and helped draft a strategic approach to the 2015 Community Needs Assessment.

From the skills that I learned through my education and from my year of service in AmeriCorps, I quickly secured a full-time position with Bennet Group Strategic Communications, Hawai‘i’s largest and top performing public relations firm. Mahalo nui loa to AmeriCorps and HCAP for helping me continue to build a solid foundation in both my personal and professional life.
Congresswoman Tulsi Gabbard Visits HCAP Head Start Classroom

On August 4, 2015, Congresswoman Tulsi Gabbard and her staff visited the HCAP Head Start classroom at Reverend Benjamin Parker Elementary School in Kaneohe. The children gathered around while she read “Llama Llama Home with Mama” to the class. Following the story, the children asked Congresswoman Gabbard if she liked to read. Congresswoman Gabbard explained to the children how reading is very important, especially when growing up, and how much she and her siblings enjoyed reading together.

HCAP staff also had the opportunity to discuss the positive impact HCAP Head Start has on its parents and children with Congresswoman Gabbard. Head Start Teacher Lisa shared the challenges she faced as a former Head Start parent, and how Head Start helped her earn her bachelor’s degree and gain full-time employment. Other HCAP staff also had the opportunity to connect and talk with the Congresswoman.

Mahalo nui loa to Congresswoman Tulsi Gabbard for graciously donating her time and supporting Head Start’s initiative of promoting literacy through early childhood education!

Employee Anniversaries
Mahalo to our staff who reached these milestones of service this Fall

**35 Years**
Naomi Kahikina- Head Start Teacher Mentor

**25 Years**
Robyn Antonucci- Assistant Head Start Director
Maryvick Domingo-Tang- Head Start Secretary
Doreen Kaolulo- Head Start Teacher I
Sandra Malachi- Head Start Teacher II
Sara Neves- Head Start Teacher II

**20 Years**
Shannon Ancheta- Head Start Teacher I
Jayna Cassidy- Head Start Assistant Teacher
Iva Fallau- Head Start Teacher II
Traci Garma- Head Start Manager
Raynell Namu- Head Start Teacher Mentor
Jaci Nishimiya- Head Start Teacher I

**15 Years**
Michielle Fong- Head Start Assistant Teacher
Jayme Henna- Head Start Teacher II

**5 Years**
Rado Melchor- Kumuhonua Transitional Living Center Program Specialist
Barbara Offermann- Head Start Teacher I
Amy Rosa- Head Start Assistant Teacher
Mahalo to our Donors and Funders

HCAP would like to thank the following donors and funders. In the Fall Quarter, July 1, 2015 to September 30, 2015, HCAP received donations or funding from the following:

Bank of Hawaii-Merchant Street- Donated office furniture

Colleen Minami- $200 Donation to HCAP

Colleen Minami- $200 Donation to Na Lima Hana Employment Core Services

Frederick Saunders Jr.- $200 Donation to HCAP

Friends of Hawaii Robotics- $900 grant award to the Ha Initiative: Creative STEM After-School Program

Gary Okino- $249 Donation to HCAP through Foodland Give Aloha

Gregory Koob- Donated to HCAP through the 2014 Combined Federal Campaign

Lowes- Donated 5, 6 gallon buckets of paint to the Leahi District Service Center

Luci K. Andrade- Donated to HCAP through the 2014 Combined Federal Campaign

Stuart Tomasa- Donated to HCAP through the 2014 Combined Federal Campaign

HCAP In The News

- HCAP is listed in the 2015 Hawaii Business Magazine Top 250 Guide to Hawaii’s Biggest Companies and Nonprofits, based on total gross sales. Nonprofits reported total annual revenue. The full listing is available here: http://www.hawaiibusiness.com/top-250-inside-the-bottom-line/

- On August 2, 2015, HCAP was featured in the Star Advertiser. The article was published in the “Hawaii’s Jobs” section, titled, “Agency spurs residents to help themselves.” The article discussed HCAP’s history, program offerings, and employment information.
HCAP Opens Fifth STEM Exploration Center in Palolo

In June 2015, HCAP’s Hā Initiative: Creative STEM After-School Program opened its fifth STEM Exploration Center in Palolo. Just in time for the 4th of July, participants at the Palolo STEM Exploration Center explored the world of rockets. Students learned how rocket fuel, much like oxygen for the body, gives power. First, the participants watched the Apollo rocket and looked at the views of Earth from space. Next, there was a chance to make a small rocket. The participants experimented with a baking soda and vinegar mixture to achieve “blast off” capacity. The bubbles formed in the rockets allowed participants to understand the carbon dioxide release from the acid-base reaction. Participants learned that the pressure build up eventually caused the cork (or weakest point) to burst; thus take off was achieved! Students learned that it takes the right mix of “fuel” for the greatest height.

Students continued STEM explorations with states of matter. After learning of fuel ideals, students discussed the states of matter and the energy sources needed to transfer between each state of matter. Students participated in “Acting like a Particle” activities for each of the 3 basic states of matter. Students then discussed the ideals of heat transference for matter changes such as liquid to solid or gas and solid to liquid. Students finished the activity by dissolving solids into liquids to demonstrate a chemical change and changing a liquid into a solid to demonstrate a physical change. The use of ice cream to demonstrate these principles was an exciting reward for the students.

Students also discovered the world of technology design by creating characters for video gaming. Students utilized the program “Scratch” to learn design elements such as space and function. Students were challenged to transfer hand-eye skills to computer-aided skills. The excitement of the participants was evident as they created and designed original presentations using their newly gained computer skills.

Located in Palolo Valley Homes at 2195 Ahe St., the Palolo STEM Exploration Center is open on Monday, Tuesday, Thursday, and Friday from 2:30 pm until 5:30 pm and on Wednesday from 1:30 pm until 5:30 pm.
Head Start Children Discover Frozen Treasures and Learn About Water Properties

On a hot summer day, the students at Kipapa Head Start participated in a “chilly” science activity. Over the weekend, the teacher froze colorful flowers, shiny butterfly sequins and plastic animal toys in a styrofoam container. She brought the container of frozen treasures to school the next day as a fun learning activity for the children. By discovering what was frozen in the ice, the Head Start children would explore the properties of water, practice fine motor skills and learn to use scientific inquiry skills.

First, the teacher explained to the children that she had put water into the container with the toys and froze it in the freezer. Next, they discussed the properties of ice.
“Can we take a shower with this ice?”
“No!” the children exclaimed. One by one, each child took a turn touching the ice.
“It’s shivering!” one child said.
“It’s slippery!” said another.

“How can we get the items out?” the teacher asked. “We can leave it out,” one child replied. “We can put it close to the fan,” another child said. Another child suggested they use a hammer to break the ice. Finally, the teacher told the children that they would use eyedroppers to put water that was in liquid form onto the ice. The liquid water would then melt the ice and would free the toys.

All the children were bubbling with excitement and curious to see what treasures they would find. But before they melted the ice, the class made predictions on what they would find. “Maybe there's a dog,” one child said. “A dinosaur!” said another.
Each child took a turn squirting water onto the ice and soon it began to melt. “I see a purple flower!” exclaimed one child. Another child said, “I'm going to melt the purple and yellow flower,” and she moved her eyedropper to concentrate melting that area.

The teacher picked up a red heart sequin that had been melted from the ice and said, “Look everyone! The red heart can move. What does that mean?” “It's melting!” they all exclaimed. As time was drawing to a close, the ice still had not melted completely. The class made a prediction that it would melt by the next morning when they came to school. One child said that if the ice were not put back into the freezer, it would melt while they slept that night. At the end of the day, each child excitedly grabbed their parent by the hand and showed them what they had found in the ice. Tiny handfuls of colorful toys glowed against the blue sky. All the children could think of was what treasures were yet to be discovered!
Interim Financial Update
Second Quarter FY 2015
April 1, 2015 - September 30, 2015
*Unaudited, Cash Basis

### GRANTS & OTHER SUPPORT

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### PROGRAM SERVICES

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**CURRENT PROGRAMS BY FUNDING SOURCE**

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Honolulu Community Action Program, Inc.
Main Office
33 South King Street, Suite 300, Honolulu, HI 96813
Tel: (808)521-4531   E-mail: hcap@hcapweb.org

District Service Centers
Central
Tel: 488-6834   Fax: 488-7862
99-102 Kalaloa St. Aiea, HI 96701
Kalihi-Palama
Tel: 847-0804   Fax: 841-7971
1555 Haka Dr. #2408 Honolulu, HI 96817
Leahi
Tel: 732-7755   Fax: 735-6034
1915 Palolo Ave. Honolulu, HI 96816
Leeward
Tel: 696-4261   Fax: 696-0169
85-555 Farrington Hwy. Waianae, HI 96792
Windward
Tel: 239-5754   Fax: 239-3912
47-232 Waihee Rd. Kaneohe, HI 96744

Programs
Hā Initiative: Creative STEM After-School Program
Tel: 521-4531   Fax: 521-4538
Kumu honua Transitional Living Center
Tel: 682-5494   Fax: 682-5495
Na Lima Hana: Employment Core Services
Tel: 521-4531   Fax: 521-4538
Senior Community Service Employment Program (SCSEP)
Tel: 521-4531   Fax: 521-4538
Weatherization Assistance Program (WAP)
Tel: 521-4531   Fax: 521-4538
Youth Services
Tel: 591-1766   Fax: 591-1768

HCAP Head Start
Head Start Dillingham
Tel: 847-2400   Fax: 847-2302
Head Start Kunia (HARC)
Tel: 200-7690   Fax: 200-4780
Head Start Kunia
Tel: 621-5099   Fax: 621-3843
Head Start Leeward
Tel: 696-0175   Fax: 696-0176

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www.hcapweb.org

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